

RESPONSE STYLES

UNSURE

Speaks in a weak voice; is afraid to, speak up; has poor posture; looks nervous.

DEMANDING

Speaks in a loud, angry tone or voice; has still posture and leans forward. Bullying.

CONFIDENT

Speaks clearly; appears confident and calm; has good posture; maintains eye contact with others.

TYPES OF PEER PRESSURE

Positive Peer Pressure – When someone urges you to do something that is good for you.

Friendly Peer Pressure – When someone who is your friend tries to get you to do something you may or may not want to do.

Indirect/Tempting – When someone tries to persuade or convince you to do something you do not want to do.

Teasing – When someone makes fun of you to try to get you to do something you do not want to do.

Heavy Peer Pressure/Bullying – When someone threatens you, physically or verbally, in an attempt to get you to do something you do not want to do.